

A Light who Lit our Path:



Mother
Mary Michael

Our
Co-Foundress
1862-1934

75 years ago, on Feb 25, 1934, Mother Mary Michael went with burning lamp to meet her Spouse. With love and gratitude, we remember her great contribution to the development of our Congregation. She opened houses of perpetual adoration in the Philippines, Germany, China, and two houses in the United States—including Mount Grace. May she intercede for us as we try to live her maxim:

Live Quietly with God

Work Gladly for God

View things from God's Viewpoint

Talk things over with God

Glow with zeal for God's glory

Find your Joy in God

Rest Deep in the Heart of God.

Christ is the light of the nations...

The Feast of the Presentation of Our Lord.....we chant, while carrying lighted candles in procession to the Chapel. As we enter the Chapel, it fills with light, a reminder of the presence of the Lord in His temple and in each of our souls. As the good Simeon, we too should await the Lord's coming in joy and expectation with burning lamps of love.

Just as Christ came into the world as a light for all the nations, so his Church continues his saving mission. As Holy Spirit Adoration Sisters, we are lights in the world by our contemplative-missionary charism. Our Founder, St. Arnold Janssen, said we are "missionaries on our knees." But in fact, "all the sons and daughters of the Church" could be "tireless missionaries of the Gospel" bringing the light of revelation to a "world that thirsts for love and truth" (Pope John Paul I, 1978). You can do this through your readiness to respond to the graces God imparts from day to day, moment by moment. Wherever we may be, if we live our faith sincerely, we are giving light to the world. In these difficult times, where everything seems dark, remember

Christ is our light, Christ is our hope!

Mount Grace Newsletter

The Lord is
my light & my
salvation:
whom should I fear?
Psalm 27



April 2009
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A new light in the Arnoldus Family:

Blessed Josepha,

Co-Foundress of the
Holy Spirit Missionary Sisters
1852-1903



*"My Heart
is Ready"*

Hendrina Stenmann, joined a group of maids working for the Society of the Divine Word Missionaries in hopes of being a member of a new Sister branch. In 1889, Saint Arnold Janssen along with Blessed Maria Virgo and Blessed Josepha, co-founded our sister congregation: the Holy Spirit Missionary Sisters. They are the active missionaries working with the Society of the Divine Word while we are the contemplative-missionaries. May the Holy Triune God bless our united endeavors to make Him known, loved, and adored by all peoples and nations.

Let your Light shine before Others

Our dear friend, Bishop Stika, came to say farewell to us before he left for his new assignment in Knoxville, Tennessee. Ever since his days as a seminarian, our community has taken pleasure in his joyful personality and mischievous humor. We wish him well in his new mission as shepherd of God's people.



Can One Be a Light at 80?

Although our Sr. M. Cordula celebrated her 80th birthday, she is a bright light in our community! She is still actively keeping her adoration, working in our dining room, and even climbs the stairs! She is truly young at heart! Her day was highlighted by a long-distance call from her sisters in Germany.



In April, we provided accommodations for three Holy Spirit Missionary Sisters, members of the second religious foundation of our Founder, St. Arnold Janssen. These two junior professed Sisters and their directress requested an opportunity to spend 4 days in prayer and reflection in our new St. Joseph Hall. With our chapel opened daily for times of prayer and reflection, and in the peaceful atmosphere of the surrounding area, they cherished the moments spent here and hope to return in the future.

Sister Mary Chrisilde



is the newest Light in our community. She came from our convent in Cebu, Philippines. She is very joyful and adapting well to the winter weather! She is a great help to our community with her skills in the accounting department and we enjoy her delicious cooking!



Toward the end of March we began looking forward to the arrival of **Rt. Rev. Abbot Adrian Pacher, OSB**, from Washington State. A long-time friend of our convent, Abbot Adrian periodically visits us to give talks on religious life and to share with us the wisdom he has acquired during his long tenure as abbot of a large community of monks. Abbot Adrian is another Light in our lives who comes occasionally to enrich us and to reveal to us the path of holiness and fidelity in our vocation.