

## Have You Met a Saint Lately?



*During the 1995  
Beatification  
Mass of  
Bl. Maria Virgo*

Have you met a saint lately? Perhaps you have; there are a lot of good and holy people around. Some you recognized while others you might not. Maybe my question should be: Have you ever met a canonized saint of the Church and greeted him or her personally?

At the end of April the world watched as two Popes who lived and served during our days were formally declared Saints of God by Pope Francis. St. John XXIII was the Holy Father who will always be remembered as he called the Vatican Council and put the People of God on what would prove to be a new Gospel path in so many areas: liturgy, ecumenism, missionary activity—to cite but a few. He was a much loved avuncular figure. The second Pope canonized on April 27th was St. John Paul II who is considered “one of the most seen men in the world.” Millions flocked to see him when he visited their countries. Others eagerly watched on TV as he traversed the earth. If you saw him in your town, then you have seen a canonized Saint!

For the Holy Spirit Adoration Sisters, St. John Paul is also significant. It was on May 17, 1995 that he declared

one of their Sisters, Helena Stollenwerk (1852-1900), as “Blessed”. She had worked with St. Arnold to found the active community of Holy Spirit Missionary Sisters (SSpS) and the contemplative community of Adoration Sisters (SSpSAP). At St. Arnold’s request, she became a member of the “Pink Sisters” and was given the religious name of Sr. Maria Virgo.

Pope John Paul II also had a great regard for the ministry of the Adoration Sisters. In 2004 he wrote: “There is a particular need to cultivate a lively awareness of Christ’s real presence, both in the celebration of the Mass and in the worship of the Eucharist outside Mass.” He urged the Church “to kneel before Jesus present in the Eucharist and deepen, through adoration, personal and communal contemplation.” This, of course, is what the mission of our Adoration Sisters is within and for the Church. You are also encouraged to join them in their adoration and prayer before the Lord. Pope Francis, in the spirit of St. John Paul, encourages just that: “How good it is for us to stand before a crucifix or on our knees before the Blessed Sacrament and simply to be in his presence” (Evangelii Gaudium, 264). It is part of our schooling in sanctity.

*Thus  
the entire Holy  
Trinity  
lives in the Heart  
of Jesus,  
the power of the  
everlasting Father,  
the beauty and wisdom  
of the Eternal Word,  
and the self-giving  
love and riches of  
the Holy Spirit.  
They live there in a  
human heart.*

*(Our Founder,  
St. Arnold Janssen)*

# Mount Grace Newsletter



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*Holy Spirit Adoration Sisters*

**[www.mountgraceconvent.org](http://www.mountgraceconvent.org)**

**1438 E. Warne Ave  
St. Louis, MO 63107**

# *Wisdom to Live By*

*Live Quietly with God*



*Work Gladly for God*



*View Things from God's Viewpoint*

*from our  
Co-foundress Mother Mary Michael*



*Talk Things Over with God*

*Glow with Zeal for the Glory of God*



*Find Your Joy in God*

*Rest Deep in the Heart of God*

